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businesses since 1942

QUALIFICATION REQUIREMENTS & AGE RESTRICTIONS

FOR HAIR SALONS & BARBERSHOPS





QUALIFICATION REQUIREMENTS AND AGE RESTRICTIONS GUIDANCE FOR HAIRDRESSING AND BARBERING

The following tables show the qualifications required for anyone providing the hairdressing and barbering services listed below.

The information below is a guide.

The NHBF would always endorse completing a nationally recognised qualification from a centre approved by an awarding organisation accredited by a UK regulatory organisation.

Employers must ensure that the hair professionals employed within their salon hold the right qualifications for the treatment they will be providing for clients. The salon owner also has a duty of care as the business owner to ensure all chair/ space/room renters meet the requirements. However, it is ultimately the chair/space/ room renter's responsibility as an independent business to ensure they hold the right qualifications.

Salon owners are recommended to collect proof of qualifications and insurance from any self-employed chair/space/room renter in the salon. Use this checklist (www.nhbf.co.uk/self-employment-checklist) to see if an individual is selfemployed or an employee.





If hair professionals are studying more advanced services, the right-hand column of the table shows which qualifications they must already hold while they are working under supervision towards qualifications for advanced services.

Check with your insurance provider that you are covered for the treatments you undertake.

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BARBERING SERVICES

LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

Level 4 qualification in barbering

SERVICES

- Advanced techniques and/or management practice in barbering

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

A barbering professional qualification or NVQ at level 3 in barbering*

LEVEL 3

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

A hairdressing professional qualification or NVQ at level 3 in barbering *
Additional services/skills may be included in the apprenticeship standard

SERVICES

- Provide client consultation services
- Provide shaving services
- Design and create a range of facial hair shapes
- Creatively cut hair using a combination of barbering techniques

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

A barbering professional qualification or NVQ at level 2 in barbering*

NB Hair colour – an allergy alert test must be completed on the client at least 48 hours before application as detailed in the NHBf protocols and manufacturer’s instructions

LEVEL 2

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

A barbering professional qualification or NVQ at level 2 in barbering*
Additional services/skills may be included in the apprenticeship standard

SERVICES

- Advise and consult with clients
- Shampoo, condition and treat the hair and scalp
- Create basic outlines and detailing in hair
- Cut men’s hair using basic techniques
- Cut facial hair to shape using basic techniques
- Dry and finish men’s hair

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

No prerequisite required, however, a level 1 introductory qualification in barbering or hair and beauty may have been completed





HAIRDRESSING SERVICES

LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

Level 4 qualification in hairdressing

SERVICES

- Advanced techniques and/or management practice in hairdressing

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

A hairdressing professional qualification or NVQ at level 3 in hairdressing *

LEVEL 3

YOU MUST HAVE A ADVANCED HAIRDRESSING PROFESSIONAL APPRENTICESHIP QUALIFICATION, A NVQ or EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

An Advanced hair Professional qualification or NVQ at level 3 in hairdressing*
Additional services/skills may be included in the apprenticeship standard

MODALITY/TREATMENTS

- Provide client consultation services
- Creatively style and dress hair
- Creatively cut hair using a combination of techniques
- Advanced colour conversion (creatively colour and lighten hair)

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

A hairdressing professional qualification or NVQ at level 2 in hairdressing*

NB Hair colour – an allergy alert test must be completed on the client at least 48 hours before application as detailed in the **NHBF protocols and industry test.**

LEVEL 2

YOU MUST HAVE A HAIRDRESSING PROFESSIONAL APPRENTICESHIP QUALIFICATION, A NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE SERVICES

A hairdressing professional qualification or NVQ at level 2 in hairdressing *
Additional services/skills may be included in the apprenticeship standard

SERVICES

- Advise and consult with clients
- Shampoo, condition and treat the hair and scalp
- Style and finish hair
- Set and dress hair
- Cut hair using basic techniques
- Colour conversion (colour and lighten hair)

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

No prerequisite required, however, a level 1 introductory qualification in hairdressing or hair and beauty may have been completed





IMPORTANT NOTES

* QUALIFICATIONS

It is highly recommended that a hair professional completes a diploma sized (37 or more credits) qualification where available in order to have received a sufficient amount of training to demonstrate the skills and knowledge to achieve occupational competence.

Apprenticeship certificates from an End Point Assessment Organisations (EPAO) are classed as an equivalent qualification.

Qualifications currently under development or not widely available

- Where an NVQ is specified, acceptable alternative qualifications must be an equivalent, and competency-based eg SVQ or an apprenticeship.
- Where an NVQ is not specified, other nationally recognised qualifications/training by an accredited and regulated awarding organisation are acceptable.

The regulatory organisations within the UK are:

- Office of Qualifications and Examinations Regulation (Ofqual).
- The Scottish Qualifications Authority (SQA).
- Qualifications Wales.
- Council for the Curriculum, Examinations and Assessment (CCEA).
- The European Qualifications Framework (EQF).
- United Kingdom Accreditation Service (UKAS).

National Occupational Standards (NOS) which outline the knowledge and skills required are available for:

- African Type Hair Hairdressing / African Type Hair Barbering
- Barbering
- Hairdressing
- The NOS can be found via the search function on the [UK Standards website](#).

Apprenticeship standards which outline the knowledge and skills required are also available in hair, beauty and aesthetics



RESTRICTIONS

AGE REQUIREMENTS

TREATMENT/SERVICE	MINIMUM AGE OF CLIENT	MINIMUM AGE OF THERAPIST
Hair colour (tints) treatments and services: head, body including eyebrow/eyelash	16	16

Hair professionals must protect and promote the welfare of under-16s and vulnerable adults. You must ensure treatments and services are safe and appropriate and that the individual wants to have the treatment and/or services. You should always follow the manufacturer's instructions, protocols and guidelines.

RESTRICTIONS ON PRE-16 LEARNING WITHIN HAIR QUALIFICATIONS

In line with the EU Directive and to offer the safest training environment for pre-16 learners, the following restrictions for each industry have been agreed. All awarding organisations have built in and advise these restrictions within their qualifications that are aimed at pre-16 learners.

INDUSTRY	RESTRICTIONS
Hairdressing/barbering/ African-type hair	<ul style="list-style-type: none"> • Cutting hair with implements such as scissors, clippers and attachments • Shaving skin with implements such as blades and razors • Using chemicals such as quasi, permanent hair colouring, permanent waving, bleach, lighteners, relaxing and chemical straightening • Completing skin tests

FURTHER DEFINITIONS SURROUNDING RESTRICTIONS

Training and assessments may be carried out on live models and/or artificial body parts designed for professional use as specified by the awarding organisation for the particular service being undertaken.



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QUALIFICATION REQUIREMENTS & AGE RESTRICTIONS

FOR BEAUTY AND AESTHETIC
SERVICES AND PROCEDURES





QUALIFICATION REQUIREMENTS AND AGE RESTRICTIONS GUIDANCE FOR BEAUTY AND AESTHETICS

The following pages show the qualifications required for anyone providing the beauty therapy, nail services, beauty therapy advanced practices and aesthetic procedures listed below.

The information below is a guide.

The NHBF would always endorse completing a nationally recognised qualification from a centre approved by an awarding organisation accredited by a UK regulatory organisation.

The recommended route has been detailed. However, nationally recognised qualifications are not available in some aesthetics modalities/procedures due to their rapid popularity/growth. Alternative training/qualifications are grouped and listed as 'manufacturer's training'.

Employers must ensure that the practitioners employed within their business hold the right qualifications for the treatment/service/procedure they will be providing for clients. The business owner also has a duty of care to ensure all chair/space/room renters meet the requirements.

However, it is ultimately the chair/space/room renter's responsibility as an independent business to ensure they hold the right qualification.

For more information please refer to our Self-employment checklist at www.nhbf.co.uk/self-employment-checklist/

Business owners are recommended to collect proof of qualifications and insurance from any self employed chair/space/room renter in the business.

Pre-requisites for qualifications vary between training providers and awarding organisations, so always check that the practitioner holds the relevant qualification or experience to train in further treatments.

Check with your insurance provider that you are covered for the treatment/service/procedure you undertake.














Find out more about insurance for our Member benefits at www.nhbf.co.uk/insurance

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BEAUTY THERAPY TREATMENTS

LEVEL 2

YOU MUST HAVE A BEAUTY THERAPIST APPRENTICESHIP QUALIFICATION, AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS AND SERVICES

Level 2 qualification in the specific treatment or equivalent

MODALITY/TREATMENTS

- Self-tanning
- Make-up
- Eyebrow lamination
- Eyebrow shaping
- Eyebrow or eyelash tinting
- Waxing (not intimate)
- Manicures
- Pedicures
- Massage (back, neck and shoulders)
- Facials
- Camouflage makeup
- Eyelash perming
- Semi-permanent/single lashes

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

No prerequisite required, however, a level 1 introductory qualification in barbering or hair and beauty may have been completed

LEVEL 3

YOU MUST HAVE AN ADVANCED BEAUTY THERAPIST APPRENTICESHIP QUALIFICATION, AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS AND SERVICES

Level 3 qualification in the specific treatment or equivalent

MODALITY/TREATMENTS

- Micro current
- Ultrasound
- Vacuum suction
- Faradic treatment
- Microdermabrasion
- Radio frequency
- Nail enhancements
- Intimate waxing
- Advanced make-up
- Airbrushing
- Thermal auricular
- Indian head massage
- Hot stone therapy

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 2 in beauty therapy* or equivalent qualification



ELECTROLYSIS

Electrical Epilation

YOU MUST HAVE A NATIONALLY RECOGNISED QUALIFICATION OR TRAINING TO OFFER THESE SERVICES

Level 3-4 qualification or NVQ Level 3 beauty therapy qualification from a recognised awarding organisation plus core of knowledge and manufacturer's training equivalent to treatments at Level 3-4.

LEVEL 3

- Hair removal

LEVEL 4

- Skin tag, thread vein, spider naevi, blood spots

Pre-requisites are generally the level below however this can vary so always check with your training provider.

CHECK WITH YOUR INSURANCE PROVIDER THAT YOU ARE COVERED FOR THE TREATMENTS YOU UNDERTAKE.





INJECTABLES

Botox and Dermal Fillers

YOU MUST HAVE A NATIONALLY RECOGNISED QUALIFICATION OR TRAINING TO OFFER THESE PROCEDURES

Level 7 qualification or equivalent aesthetic practitioner qualification.

SUGGESTED CPD

A minimum of 12 months' experience delivering a minimum of 40 per modality/treatments

Updated every 12 months

- First Aid at Work qualification or equivalent
- Anaphylaxis management
- Complications and medical emergencies training

MODALITY/TREATMENTS

INJECTABLES:

- Botulinum toxins (botox) to the face and neck or similar anti-wrinkle injectables.
- Dermal fillers (cannula technique for the jaw, cheeks, lips, tear trough, temple, needle technique for the lower areas of the face and neck).
- Dermal fillers (temporary fillers for treatment of the lower facial areas nose to mouth, marionettes, lips, smokers, fine lines).
- Temporary fillers only.

REQUIREMENTS AND ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

Oversight from a **Professional Statutory Regulatory Body (PSRB)** registered prescriber is required for prescription medicines. This can include a doctor, prescribing nurse, dentist, or prescribing pharmacist.

NVQ Level 3 beauty therapy qualification from a recognised awarding organisation plus core of knowledge and manufacturer's training.

CHECK WITH YOUR INSURANCE PROVIDER THAT YOU ARE COVERED FOR THE PROCEDURES YOU UNDERTAKE.

The NHBf does not support the use of non-autologous permanent fillers

You must have completed a level 3 and 4 equivalent qualification and hold the relevant prerequisites before training at level 5/6 and then progressing to level 7



LIPLD

Laser, IPL & LED

YOU MUST HAVE A NATIONALLY RECOGNISED QUALIFICATION OR TRAINING TO OFFER THESE TREATMENTS

Level 4 - 6 qualification or NVQ level 3 beauty therapy qualification from a recognised awarding organisation plus core of knowledge and manufacturer's training equivalent to treatments at Level 4 – 6.

TREATMENT LEVELS:

LEVEL 4

- Laser and IPL for hair reduction
- Non-ablative laser, IPL and LED for skin rejuvenation

LEVEL 5

- Laser for tattoo removal

LEVEL 6

- Ablative fractional laser treatments

These guidelines exclude treatments within the periorbital rim.

THE NHBF DOES NOT SUPPORT THE USE OF LASER TREATMENTS OF ANY SORT WITHIN THE PERIORBITAL RIM.

CHECK WITH YOUR INSURANCE PROVIDER THAT YOU ARE COVERED FOR THE TREATMENTS YOU UNDERTAKE.





MASSAGE

LEVEL 3

YOU MUST HAVE AN ADVANCED BEAUTY THERAPIST OR WELLBEING AND HOLISTIC THERAPIST APPRENTICESHIP QUALIFICATION, NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 3 massage (sports, complementary, holistic, wellbeing) qualification including massage or equivalent

MODALITY/TREATMENTS

- Massage (sports, complementary, holistic, wellbeing)
- Hot stone therapy
- Indian head massage

LEVEL 4

YOU MUST HAVE AN NVQ OR EQUIVALENT QUALIFICATION AT THE SPECIFIED LEVEL TO OFFER THESE TREATMENTS

Level 4 massage (sports, complementary, holistic, wellbeing) qualification including massage or equivalent OR NVQ level 3 beauty therapy* and level 4 manufacturer's training in massage

MODALITY/TREATMENTS

- Massage (sports, complementary, holistic, wellbeing)

REQUIREMENTS & ANY QUALIFICATIONS YOU MUST ALREADY HAVE TO START TRAINING (PREREQUISITES)

NVQ level 3 in beauty therapy* including massage or equivalent qualification

Body Massage can be studied as a stand alone therapy, or as part of a beauty or complementary therapies qualification



MICROPIGMENTATION

Semi-permanent make-up

YOU MUST HAVE A NATIONALLY RECOGNISED QUALIFICATION OR TRAINING TO OFFER THESE TREATMENTS

Level 4 - 5 qualification or NVQ Level 3 beauty therapy qualification from a recognised awarding organisation plus core of knowledge and manufacturer's training equivalent to treatments at Level 4 – 5.

LEVEL 4

- Enhance appearance of eyebrows, lips, eye line, and Microblading

LEVEL 5

- Camouflage and restoration

Pre-requisites are generally the level below however this can vary so always check with your training provider.

CHECK WITH YOUR INSURANCE PROVIDER THAT YOU ARE COVERED FOR THE TREATMENTS YOU UNDERTAKE.





PIERCING

Ear peircing

YOU MUST HAVE A NATIONALLY RECOGNISED QUALIFICATION OR TRAINING TO OFFER THESE TREATMENTS

Level 2 qualification from a recognised awarding organisation plus core of knowledge and manufacturer's training equivalent to treatments at Level 2.

LEVEL 2

- Ear lobe piercing with a stud gun

CHECK WITH YOUR INSURANCE PROVIDER THAT YOU ARE COVERED FOR THE TREATMENTS YOU UNDERTAKE.





SKIN NEEDLING

Microneedling, nano-needling & dermarolling

YOU MUST HAVE A NATIONALLY RECOGNISED QUALIFICATION OR TRAINING TO OFFER THESE PROCEDURES

Level 4 - 5 qualification or **NVQ Level 3 beauty therapy qualification** from a recognised awarding organisation plus core of knowledge and manufacturer's training equivalent to treatments at Level 4 – 5.

Levels generally relate to needle lengths from 0.5mm to 2.75mm

Pre-requisites are generally the level below however this can vary so always check with your training provider/ awarding organisation.

A level 3 in beauty therapy qualification is required, which contains A&P.

CHECK WITH YOUR INSURANCE PROVIDER THAT YOU ARE COVERED FOR THE TREATMENTS YOU UNDERTAKE.





SKIN PEELS

Chemical resurfacing

YOU MUST HAVE A NATIONALLY RECOGNISED QUALIFICATION OR TRAINING TO OFFER THESE TREATMENTS

Level 4 - 5 qualification or NVQ Level 3 beauty therapy qualification from a recognised awarding organisation plus core of knowledge and manufacturer's training equivalent to treatments at Level 4 – 5.

Pre-requisites are generally the level below however this can vary so always check with your training provider/ awarding organisation.

A level 3 in beauty therapy qualification is required, which contains A&P.

TREATMENT LEVELS:

LEVEL 4

- Superficial chemical peels

LEVEL 5

- Medium depth chemical peels

LEVEL 6+

- Deep chemical peels. Should only be applied by a medical professional.

CHECK WITH YOUR INSURANCE PROVIDER THAT YOU ARE COVERED FOR THE TREATMENTS YOU UNDERTAKE.





OTHER ORPHAN/MODALITY PROCEDURES

YOU MUST HAVE A NATIONALLY RECOGNISED QUALIFICATION OR TRAINING TO OFFER THESE TREATMENTS

Level 5 - 6 qualification or NVQ Level 3 beauty therapy qualification including A&P from a recognised awarding organisation plus core of knowledge and manufacturer's training equivalent to procedures at Level 5 - 6.

Pre-requisites are generally the level below however this can vary so always check with your training provider.

Just some of the more traditional and new treatments that you can add to your repertoire and expand your treatment offer include:

- Dermaplaning
- Ultrasound
- Radiofrequency
- Micro sclerotherapy

As with most other treatments, you must achieve a Level 3 Beauty therapy qualification including A&P before training in further skills.

CHECK WITH YOUR INSURANCE PROVIDER THAT YOU ARE COVERED FOR THE TREATMENTS YOU UNDERTAKE.





QUALIFICATIONS

QUALIFICATIONS EXPLAINED

Understanding the qualifications that practitioners have, is key to ensuring that your team is well balanced and qualified to carry out the services they are employed to deliver. It is also essential for insurance purposes and to meet your commitment to the **NHBF code of conduct** which states, ‘*All members of your team [should] have industry-recognised training, experience and qualifications for the services, treatments or procedures they provide and the equipment and tools they use.*’

Nevertheless, with so many different qualifications available at levels from 1 to 7, it’s not always easy to know what your business needs.

REGULATED QUALIFICATIONS

The completion of a regulated qualification is the benchmark required by the sector and insurance providers to demonstrate professional competence to work “on the shop floor” within the sector. This can only be gained by achieving an accredited qualification from a **regulated awarding organisation** (www.gov.uk/check-awarding-body-recognised). When a qualification is accredited for use by a regulated awarding organisation, it has been evaluated by that organisation as being set at the correct **academic level** (www.gov.uk/what-different-qualification-levels-mean) and is fit for purpose.

There are many courses available now online, or with minimal face-to-face ‘teaching’ which provide little underpinning knowledge or skills, may not be based on industry standards, and may not meet insurance requirements.

TYPES OF QUALIFICATIONS

NVQs, SVQs, VRQs and Apprenticeship qualifications which are accredited by a regulated awarding organisation, can be classified as ‘job-ready’ or preparation for work, depending on the type of training received. They prepare and assess the candidate to work to commercial timings and standards.

NVQ – National Vocational Qualification (Job Ready)

An NVQ is a competence based, work-related qualification. This qualification reflects the knowledge and skills required to effectively do a certain job and is based in the National Occupational Standards.

SVQ – Scottish Vocational Qualification (Job Ready)

SVQs work in much the same way as NVQs. They are work-based qualifications and assess that someone can do a job to the national standards of their sector.

VRQ - Vocationally Related Qualification (Preparation for Work)

VRQs are study-based, structured-training programs which provide practical skills and knowledge required for a certain job. The assessment process is structured differently to an NVQ.





QUALIFICATIONS

QUALIFICATIONS EXPLAINED

Apprenticeships

Apprenticeships are genuine jobs that enable individuals to learn as they earn. Hair and beauty apprenticeships typically last between one and two years for each level studied, and apprentices who successfully complete an apprenticeship are certified as having reached a level of competence which meets current industry standards.

Employing an apprentice is a great opportunity to pass on skills and experience, and to develop and grow your team. Read our blog posts to discover some top tips on how to find an apprentice and our Apprenticeship Guide has lots of information about managing the apprenticeship process.

Continuous Professional Development

Once a hair and beauty professional has completed a regulated qualification at the correct level for their job role, they will continue to develop their skills, knowledge and competency as they work on the shop floor. As skills, services, techniques, and client requirements change, the hair and beauty professional will train, adapt and learn to ensure they are up to date. Continued Professional Development (CPD) courses should enable a practitioner to study further or provide additional breadth and depth of learning.

Always check with your insurance provider that you and your team will be covered for any courses undertaken.

For more information view our fact sheet on continuous professional development
www.nhbf.co.uk/cpd.





IMPORTANT NOTES



* QUALIFICATIONS

It is highly recommended that a beauty and aesthetic practitioner completes a diploma sized (30-72) qualification where available in order to have received a sufficient amount of training to demonstrate the skills and knowledge to achieve occupational competence.

Apprenticeship certificates from an end point assessment organisations (EPAO) are classed as an equivalent qualification.

Qualifications currently under development or not widely available

- Where an NVQ is specified, acceptable alternative qualifications must be an equivalent, and competency-based eg SVQ or an apprenticeship.
- Where an NVQ is not specified, other nationally recognised qualifications/training by an accredited and regulated awarding organisation are acceptable.
- Where a level 3 NVQ beauty therapy qualification has been undertaken a general route or massage option must have been completed to ensure underpinning anatomy and physiology knowledge. If a make-up route has been completed further underpinning knowledge must be undertaken as detailed in Level 3 bridging qualification**.

The regulatory organisations within the UK are:

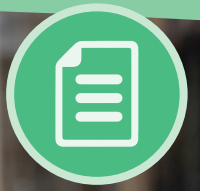
- Office of Qualifications and Examinations Regulation (Ofqual).
- The Scottish Qualifications Authority (SQA).
- Qualifications Wales.
- Council for the Curriculum, Examinations and Assessment (CCEA).
- The European Qualifications Framework (EQF).
- United Kingdom Accreditation Service (UKAS).

National Occupational Standards (NOS) which outline the knowledge and skills required are available for:

- Beauty Aesthetics / Beauty Advanced practices
- Beauty Therapy
- Non-surgical cosmetic procedures
- The NOS can be found via the search function on the [UK Standards website](#).

Apprenticeship standards which outline the knowledge and skills required are also available in beauty and aesthetics





IMPORTANT NOTES

**LEVEL 3 BRIDGING QUALIFICATION

These are specific qualifications developed by awarding organisations to ensure practitioners have sufficient underpinning beauty therapy knowledge and understanding, particularly anatomy and physiology, before progressing to advanced beauty therapy practices and aesthetics.

Further information can be found by searching the Ofqual register of regulated qualifications.

The information in this document is subject to change as modalities, treatments and qualifications are further developed and defined.

***MEDICAL OVERSIGHT

Medical oversight must be provided for all prescription-only Medicines (POMs).

Medical oversight is the term used to describe the relationship between a non-medically trained beauty aesthetic professional and medical professional providing the prescription (the prescriber). This must be a nurse, doctor, pharmacist or dentist who is registered with a Professional Statutory Regulatory Body (PSRB)¹ who has the knowledge of dealing with adverse effects that could be caused by aesthetic treatments.

For most non-surgical aesthetics treatments medical oversight is available:

- 'medic on site' at the premises where aesthetic treatments are carried out;
- on call; or
- remote medical oversight.

The NHBf believes that for non-surgical treatments using prescription-only medicines remote medical oversight is not sufficient. Where possible 'medic on-site' medical oversight should be available at the premises where aesthetic treatments are carried out. Where this is not possible, an arrangement must have been agreed for 'medic on-call' medical oversight.

A client must always have the first and initial face-to-face consultation (within the location) with the person providing the medical oversight (the prescriber) prior to any treatment. Having prescribed the treatment, the prescriber may then delegate the administration to an aesthetic practitioner. The person providing medical oversight is accountable for the safe use and storage of medicines prescribed. An additional face-to-face consultation must be completed if the treatment changes.

The oversight provided (medic on site, medic on call, remote medic) should be prominently displayed in the salon.

Furthermore, a thorough consultation, a personalised medical questionnaire and if applicable Patient Specific Directions (PSD) and a treatment plan or contract must be completed and recorded, including any contraindications or contra-actions. It is recommended that the person providing medical oversight and aesthetic practitioner regularly reviews the client treatment plan.

Advertising should conform to the Advertising Standards Authority guidelines, including the level of medical oversight provided and what this entails.

¹The Professional Statutory Regulatory Bodies regulate healthcare professionals (e.g. General Medical Council, General Dental Council, Nursing and Midwifery Council, Health and Care Professional Council, General Pharmaceutical Council etc).

If you have any feedback, comments or suggestions about this fact sheet please email us

RESTRICTIONS

AGE REQUIREMENTS

TREATMENT/SERVICE	MINIMUM AGE OF CLIENT	MINIMUM AGE OF THERAPIST
Botulinum toxins or similar anti-wrinkle treatments	18	18 - but note qualifications required
Dermal fillers	18	18 - but note qualifications required
UV tanning	18	18
Intimate waxing	18	18
IPL (intense pulsed light) treatments	18	18
Hair colour (tints) treatments and services: body including eyebrow/eyelash	16	16
Micro-pigmentation	18	18
Microblading	18	18
Piercing earlobes, nose, navel, lip, tongue or the top of the cartilaginous portion of the ear	16	18

CARRYING OUT ANY BEAUTY TREATMENT ON UNDER-16s IS NOT RECOMMENDED.

Some treatments are permitted for under-16s, but you must ensure you have written permission from a parent or legal guardian before going ahead. A parent or responsible adult (eg carer) must be present during the treatment.

The permitted treatments are:

- Earlobe piercing.
- Waxing (not intimate waxing).
- Facials.
- Manicures.
- Pedicures.

Beauty practitioners must protect and promote the welfare of under-16s and vulnerable adults. You must ensure treatments are safe and appropriate and that the individual wants to have the treatment and/or services. You should always follow the manufacturer's instructions, protocols and guidelines.

RESTRICTIONS

RESTRICTIONS ON PRE-16 LEARNING WITHIN BEAUTY QUALIFICATIONS

In line with the EU Directive and to offer the safest training environment for pre-16 learners, the following restrictions for each of the industries have been agreed. All awarding organisations have built in and advise these restrictions within their qualifications that are aimed at pre-16 learners.

INDUSTRY	RESTRICTIONS
Nail services	<ul style="list-style-type: none"> • Sharp implements such as knives, blades and nail cutters • Nail enhancements such as acrylics, powders, acetone, glues and resins
Beauty therapy and spa therapy	<ul style="list-style-type: none"> • Aromatherapy oils • Chemicals such as eyelash tint, eyelash perm lotion and individual lash adhesives • Instruments such as eyelash curlers, automatic tweezers, microlances and ear piercing equipment • Epilation – laser, needles • Depilatories such as waxing, bleaching and cream • Completing skin tests • Thermal auricular candles • Facial and body electrotherapy equipment • Water purification chemicals

FURTHER DEFINITIONS SURROUNDING RESTRICTIONS

Client contact

Learners are restricted regarding ‘touching’ certain areas of the body. Suitable areas include:

- Head, neck and shoulders to the clavicle and scapula
- Lower arms and hands
- Lower legs and feet

Training and assessments may be carried out on live models and/or artificial body parts designed for professional use as specified by the awarding organisation for the particular treatment being undertaken.



THE NHBF IS HERE FOR YOU:

As a Member you'll always have someone to turn to for help, information and advice. This includes free practical support and guidance for managing people and running your business, crucial 24/7 legal lifeline, free chair, space and room renting agreements, valuable discounts on business essentials including insurance and free 24/7 commercial law support.

Find out more: www.nhbf.co.uk

NHBF

One Abbey Court
Fraser Road
Priory Business Park
Bedford, MK44 3WH
t: 01234 831965
e: enquiries@nhbf.co.uk
w: www.nhbf.co.uk



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